



2022

ANNUAL REPORT

ARMED SERVICES YMCA SAN DIEGO



ARMED SERVICES YMCA

The ASYMCA San Diego strengthens the lives of military members and their families in spirit, mind, and body through programs relevant to the unique challenges of military life.



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Executive Director
Tim Ney



Capital Campaign Chair
Scott Heath



Board Chair
Darly C. Idler Jr.

A NEW HOME FOR THE ASYMCA SAN DIEGO

Over the last several months, staff in partnership with our Capital Campaign Cabinet (led by Scott Heath), has been raising money to build a permanent home for Armed Services YMCA San Diego. When complete, this new facility will house a preschool child care center, after-school and summer camp center for school-age children, multi-purpose rooms for educational and family support programs, and a gymnasium and play area for our military families. This new home will be the foundation for our four impact pillars: powerful community, immediate relief, personal betterment, and resource connection. It will take all of us to realize our dream! To find out how you can help, contact Phillip Sammuli at psammuli@asymca.org.





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MILITARY LIFESTYLE

56%

of military spouses are unemployed

33%

struggle to find child care that is compatible with the military lifestyle

37%

have been separated from their family/service member for a total of 6 or more months

72%

of those with out-of-pocket monthly housing costs pay \$200 or more above BAH

31%

of active family respondents feel a sense of belonging to their local civilian community



To support active duty junior enlisted members and their families, our low or no cost services work to lessen the challenges they face. Our three areas of focus are:



YOUTH DEVELOPMENT

Early childhood classes
After-school care
Seasonal camps
And more!



HEALTHY LIVING

Dog therapy
Food distributions
Active Duty Military community medical support










SOCIAL RESPONSIBILITY

Recreational activities
Volunteer opportunities
Military Community Events
Donations

*This information is provided by the Blue Star Families 2021 Military Family Lifestyle Survey. The survey includes active duty service members and active duty spouses.

ASYMCA SAN DIEGO'S IMPACT

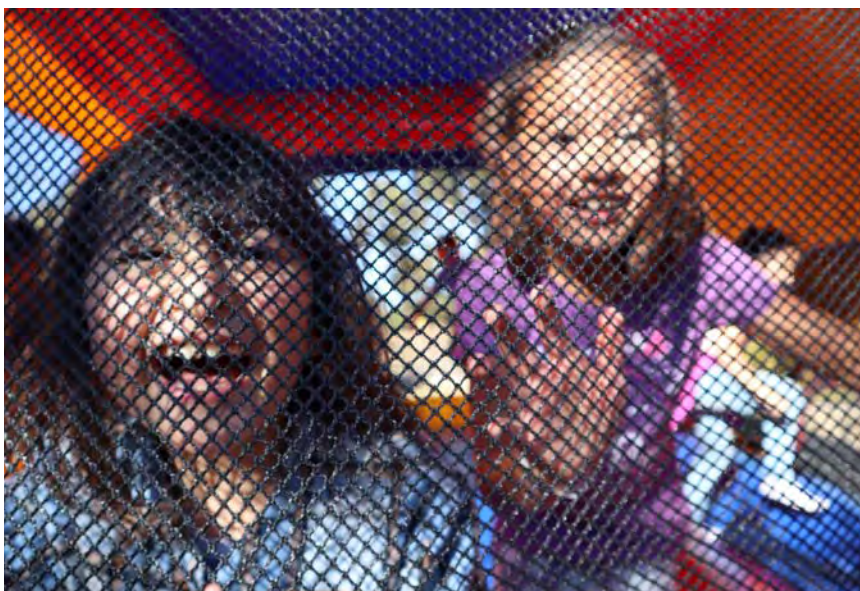
As we emerge and embrace a world post-pandemic, our programs for military members and their families have become more vital than ever. Here's how we strengthened our military families in Youth Development, Healthy Living, and Social Responsibility in 2022.

<p>Operation Holiday Joy and Magical Holiday Party</p>  <p>1,020</p> <p>military children received presents</p>	<p>Neighborhood Food Distributions</p>  <p>34,537</p> <p>individuals served at our monthly distributions near Murphy Canyon and Bayview Hills Military Communities</p>	<p>Fall Festival</p>  <p>512</p> <p>people enjoyed activities at our Horse of the Sun Ranch</p>	
 <p>After-school Achievement Academy</p> <p>481</p> <p>military children engaged in academic enrichment</p>	 <p>Camp Hero</p> <p>636</p> <p>military children built friendships and memories during school breaks</p>	 <p>Operation Little Learners</p> <p>940</p> <p>of our youngest military children were academically engaged through parental support</p>	 <p>Youth Equestrian Experience</p> <p>83</p> <p>military children relaxed in nature with outdoor activities at Horse of the Sun Ranch</p>
<p>2,160</p> <p>miles traveled to transport students from their schools to our After-school Achievement Academy</p>	<p>2,060</p> <p>dinners were served in After-school Achievement Academy</p>	<p>2,352</p> <p>miles to transport children to our Horse of the Sun Ranch for Youth Equestrian Experience</p>	



YOUTH DEVELOPMENT





OPERATION LITTLE LEARNERS

Operation Little Learners (OLL) is an interactive education program for parents and their children designed to nurture learning potential. Parents learn to be the primary educator of their children with tools to enhance child development and early learning, as well as parent-child bonding.



OLL provided many of San Diego's youngest military learners with their first interaction to an educational environment.



By creating a safe space, our parents built confidence in their role as their child's first teacher, while gaining relationships with others who understand the military lifestyle.

“

My child has made significant progress since attending. She never engaged in class at first. Now she participates and even has the confidence to stand in front of class at times. The program has been extremely beneficial!



YOUTH DEVELOPMENT PROGRAMS



CAMP HERO

636

military children met new friends who are a part of the military community



AFTER-SCHOOL ACHIEVEMENT ACADEMY

481

military students received academic enrichment, socialization, and nutrition through our after-school program



OPERATION HERO

228

military students received academic, social, and emotional support to aid in adjusting to deployment separation and frequent moves



YOUTH EQUESTRIAN EXPERIENCE

83

separate "YEE-HAWS" were enjoyed at our Horse of the Sun Ranch day camp for military children, where they experienced respite, relaxation, and connection



OPERATION LITTLE LEARNERS

940

military parents and children developed a deeper connection through academic and social enrichment

SCAN BELOW TO SEND A MILITARY CHILD TO ONE OF OUR PROGRAMS.



AFTER-SCHOOL ACHIEVEMENT ACADEMY

As a young adult, Edward Lopez didn't know where life would take him. He wanted to leave New York City where he faced gun violence, foster care, and homelessness. At the age of 19, he made the courageous decision to enlist in the military. "It was a great opportunity to travel and gain a real trade for work. It was something for me to work for to have a better life," he said. He has since married and started a family of his own.

Now a father of three, Edward Lopez deeply values the opportunity for his children to develop relationships because he knows they can be fleeting for military children. He wants them to have friendships and full lives, which made the Armed Services YMCA San Diego the perfect choice for his younger children.

That's why he's so grateful for the ASYMCA San Diego's Achievement Academy, where his two elementary sons have had the opportunity to learn new STEM skills and participate in outdoor activities alongside other youngsters. While the military children are engineering things such as wooden structures together, they are also building treasured friendships.

Edward realized the relationship challenges faced by his teenage daughter and wishes for programs for older children. "She is really shy, and it's hard for her to put herself out there, especially because high school is a big pond full of fish who have known each other for some time," he said.

"The ASYMCA's After-school program takes kids at their school, and only offers this program to those who are military kids. This makes the program class sizes smaller and the bonds easier to form because of the military connection," he noted.

As a part of the Youth Development goal, the After-school Achievement Academy transports students from school to the Murphy Canyon facility where they receive help with homework or reading, then STEM or outdoor physical activities. "When I found out the price was so low, I was super excited," Edward said. "It felt like a blessing!"

He went on to explain how difficult it can be to find low-cost child care that does not require payment far in advance, which is difficult for military families because of the frequent moves. He said the After-school Achievement Academy created more family time when his kids returned home because their homework is already done. "We get to solely do fun things like going out to eat or the park. We get to be a family and not worry about a task list. The program has given us time with each other."

For military families like Edward's, time is extremely valuable because of frequent moves or deployments for one of the parents. Through the ASYMCA San Diego's After-school Achievement Academy, military children find a community of others who share the same challenges, opportunities, and norms.

By the time you read this, Edward Lopez will know if he will remain in San Diego or be transferred to another state by the military. We wish his family the best!



HORSE OF THE SUN RANCH



In 2022, our ranch services were utilized 1,111 times.

RANCH DAYS



Military families from various branches of services enjoy a day of horseback riding, laser tag, western crafts, gardening, and more.

EQUESTRIAN EXPERIENCE



Military children have the chance to disconnect from technology and be present in horse connection, lassoing, archery, and hiking.

HORSEBACK RIDING SCHOOL



Adults and children learn to care for and properly ride horses. This school is open to non-military, military, ages 5 and up, beginner to advanced.

COMMUNITY ENGAGEMENT



Our alliance with Pine Valley California includes community parades, school partnerships, and more.

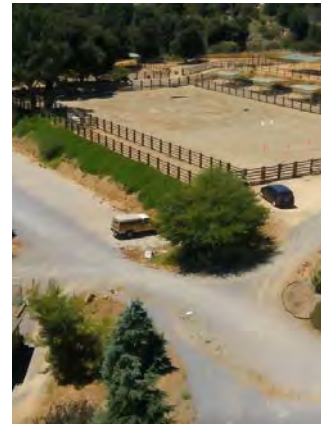
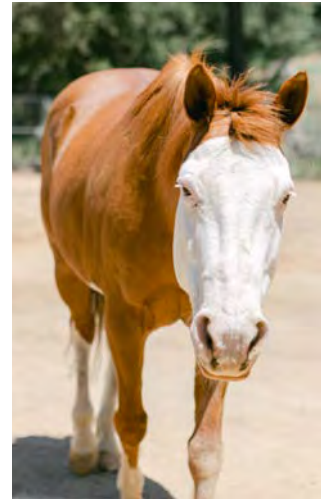
FALL FESTIVAL



Welcome to the largest festival in Pine Valley for military and civilians. Families enjoy food, bounce houses, pony rides, pumpkin patches, a petting zoo, line dancing, laser tag, and much more.

SCAN BELOW TO LEARN MORE ABOUT THIS 33-ACRE PINE VALLEY GEM.





HEALTHY LIVING



NEIGHBORHOOD FOOD DISTRIBUTIONS

34,537 Individuals Served

Every second and fourth Thursday of the month, families shop for fresh produce, non-perishables, and clothing at no cost.

WARD VISITORS

382 Items Delivered

Military members, spouses, and children who are patients at Naval Medical Center San Diego receive blankets, clothing, books, toiletries, toys, welcome baby bags, and more through our volunteers.

THERAPY DOG VISITS

2,007 Visits

Professionally trained dogs support patients with their anxiety during painful or stressful medical challenges at Naval Medical Center San Diego.

LYFT PROGRAM

40 Rides

Lyft service is provided to Naval Medical Center patients on behalf of the ASYMCA San Diego. This service is provided to those who are eligible and have no other means of transportation for medical appointments, or returning home after being discharged from the hospital.



SOCIAL RESPONSIBILITY





EVENTS & OUTREACH



OPERATION RIDE HOME

To make the holiday season special, we provided travel for 51 military members who wanted to visit their families in December.



OPERATION HOLIDAY JOY

To spread holiday cheer in December, our donors and partners created a holiday store for 890 active duty military parents to shop for children's gifts at no cost.



MAGICAL HOLIDAY PARTY

For military children with special needs, this event caters to various disabilities. From face painting to wish lists to Santa, 130 military children enjoyed a special day and gifts at no cost.



BACK-TO-SCHOOL BASH

We supplied backpacks and school supplies to 533 military children.



MILITARY SPOUSE SYMPOSIUM

To end the day of learning at our job fair, 130 military spouses connected in workshops about budgeting, branding, yoga, San Diego, career tips, Top-Gun, cooking, golf, and painting.



TICKET GIVEAWAY

Our military families received a total of 8,546 sports, arts, and event tickets in 2022.

8,546 TICKETS

Thank you to these generous organizations for providing our military families with enjoyable memories of their time in San Diego.



FEATURE: CREATING A COMMUNITY FOR SPOUSES



Our 2022 Military Spouse Symposium provided an opportunity for our Armed Services YMCA San Diego members to reset, connect, and learn. In its return to in-person for the first time since before COVID-19, the event welcomed spouses from the Navy, Army, Marines, Air Force, and Coast Guard for a day of workshops.

Spouses dropped off their children at our no-cost child care service and then headed to classes including yoga, budgeting, branding, painting, career tips, culinary, golf, and more. They finished the day with a job fair.

For first-timer Sidney Fenton, the Symposium was her golden opportunity to meet other military people who share the same lifestyle. As a military spouse in her early 20s, Sidney was ready to gain insight about military life from experienced spouses. "It's really inspiring and encouraging when you get to interact with people who have done it for years, and they still love the lifestyle," she said.

Sidney's relocation in June 2022 from Michigan to San Diego was her first move outside her home state. She embarked on the exciting journey with her husband who serves in the Navy. "Even though we've been together through his entire time in the military, I'm really just now stepping into the military spouse life," she said.

"San Diego is awesome! The weather is perfect," Sidney exclaimed. The recent newlywed said she ran across the event on Facebook. "I'm new out here, so I don't really know any military spouses. This is my first real spouse- or military-gear event, and I thought it would be fun to meet others."

Sidney had a full day of self-care, networking, and fun with people who share her interests. She ended the day with meditation to reflect on the experience of meeting new friends, learning new skills, and finding a new community.

We were thrilled to bring together spouses to better equip them with skills and support and will continue to foster opportunities for spouses to connect.

WATCH SIDNEY
ENJOY THE
MILITARY SPOUSE
SYMPOSIUM!



2023 EVENTS

Throughout the year, we host several events to enhance the support system and lifestyle for military families.

Our neighborhood food distributions are available monthly in military housing communities in Murphy Canyon and Bayview Hills. Active duty military families shop for produce, non-perishables, and clothing. Volunteers welcome and load food for families as they drive up to receive meals.



- | | |
|---------------|----------------------------------|
| JAN 27 | Annual Celebration |
| MAR 20 | Golf Classic |
| AUG 5 | Back-To-School Bash |
| JUL 4 | Big Bay Boom |
| SEP 16 | Military Spouse Symposium |
| OCT 21 | Fall Festival |
| DEC 4 | Magical Holiday Party |
| DEC 6 | Operation Holiday Joy |

VOLUNTEERS

The ASYMCA San Diego offers volunteer opportunities to military members, businesses, organizations, and individuals.



2022 STATS

578 Volunteers

6,345 Completed Hours



NAVAL MEDICAL CENTER SAN DIEGO



TURN AROUND FOR VETS


Ninety-three patients participated in our woodturning workshop which provides a convenient and therapeutic outlet while bringing out creative abilities. Participants make pens, bowls, goblets, candle holders, ice cream scoops, and so much more!

WOUNDED WARRIOR FLIGHT PROGRAM

Seventy-nine patients in active treatment as a result of service-related injuries received no-cost flights home for the holidays on behalf of Warrior Foundation Freedom Station.

CHILDREN'S WAITING ROOM

The Children's Waiting Room (CWR) at Naval Medical Center was utilized 31 times for drop-in child care. Social workers, squad leaders, and section leaders verify the need for child care services and then refer eligible military families to the ASYMCA San Deigo.



THANK YOU TO OUR DONORS



ADDITIONAL CORPORATE AND COMMUNITY PARTNERS

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American Legion 552

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CECO

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Tuner

ZMicro Systems



SCAN TO DONATE OR
PARTNER WITH US!



RECOGNIZING OUR INDIVIDUAL DONORS

With the financial support of individual donors, we are able to provide programs and services targeted toward active duty junior enlisted military members and their families.

A special thank you to individual donors who generously contributed \$2,000 or more in 2022:

Anonymous Donors

- Elaine Alvarez
- Phyllis Barber
- Deborah Bell
- Kenneth Bertino
- Ben and Nikki Clay
- Richard Evert
- Gold Family
- David Gill
- Tom and Cynthia Goodman
- Dave and Cheryl Guebert

Kathy Harvey

- Lisa Hitt
- Daryl Idler
- Joey Jerome
- Mary Kennedy
- Dee Cabana-Kettenburg
- Nancy Lazarski
- Barbette Lowndes
- Stan Miller
- Timothy Ney
- Gerry and Gail Nifontoff

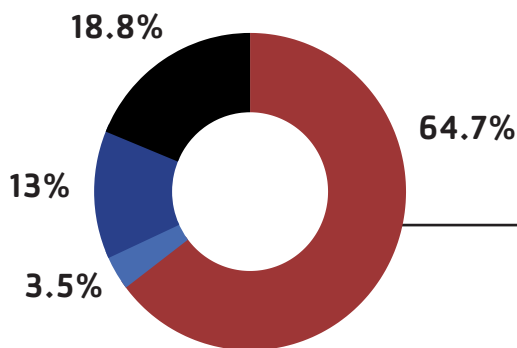
Francis A. Perno

- Joe Pierzina
- Phillip Sammuli
- Joe and Jill Scirocco
- Justin and Edith Serrano
- Lari Sheehan
- Denise Stich
- Liza Talbott
- B.A and R.J Valenti
- Chris Wiley
- Kathie Zortman

These donors represent general operating and programmatic donations. The people listed above consented to being published.

Interested in leaving a legacy of support for the active duty military community in San Diego? Contact Phillip Sammuli at 858.987.1216 or psammuli@asymca.org.

2022 FINANCIALS



Unaudited revenue numbers

Monetary Donations	\$1,843,730
Program Fees	\$98,971.00
Building Sale Allocation	\$372,000
Rental Income	\$536,837

CHARITY NAVIGATOR "HIGHLY RATED" ARMED SERVICES YMCA OF THE USA

	Score (out of 100)	Rating
Overall	93%	★★★★★
Financial	92%	★★★★★
Accountability & Transparency	100%	★★★★★

*charitynavigator.org

CHARITY AWARDS



MEET THE TEAM



Ken Callaway
HORSE OF THE SUN RANCH
DIRECTOR



Tasha Castro
NAVAL MEDICAL CENTER PROGRAM
DIRECTOR



Allison Garner
OFFICE OPERATIONS MANAGER



Eden Holt
HORSE OF THE SUN RANCH
PROGRAM MANAGER



Jamie Inarda
COMMUNITY RELATIONS &
VOLUNTEER MANAGER



Lorenzo Inzunza
EVENTS DIRECTOR



Joey Jerome
MILITARY RELATIONS AND
NONPROFIT ENGAGEMENT DIRECTOR



Kiana King
MARKETING DIRECTOR



Stan Miller
VICE PRESIDENT OF FINANCE
AND ADMINISTRATION



Carly Mitchell
DEVELOPMENT MANAGER



Lizette Bahena Olea
PROGRAM COORDINATOR



Haydee Ramirez
PROGRAM DIRECTOR



Nicolle Aguiluz
PROGRAM COORDINATOR



Phillip Sammuli
VICE PRESIDENT OF DEVELOPMENT



Liza Talbott
DEVELOPMENT DIRECTOR



Yavana Worthington
FINANCE & HUMAN RESOURCES
DIRECTOR



Tim Ney
EXECUTIVE DIRECTOR

Stay connected to our Past, Present, and Future



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NAVAL MEDICAL CENTER SITE

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San Diego, CA 92134
P: 619.532.8159

HORSE OF THE SUN RANCH

28271 Old Hwy. 80
Pine Valley, CA 91962
P: 619.473.8458

To GIVE or VOLUNTEER, visit:
www.ASYSD.org

ARMED SERVICES YMCA SAN DIEGO



STRENGTHENING OUR MILITARY FAMILY