



ARMED SERVICES YMCA SAN DIEGO 2023 YEAR IN REVIEW



**STRENGTHENING OUR MILITARY FAMILY IN
SAN DIEGO SINCE 1920**

FINANCIAL SUMMARY

HOW THE ARMED SERVICES YMCA SAN DIEGO MAKES A POSITIVE IMPACT ON OUR MILITARY COMMUNITY



7

MILITARY INSTALLATIONS SERVED



7,000

VOLUNTEER HOURS



15,870

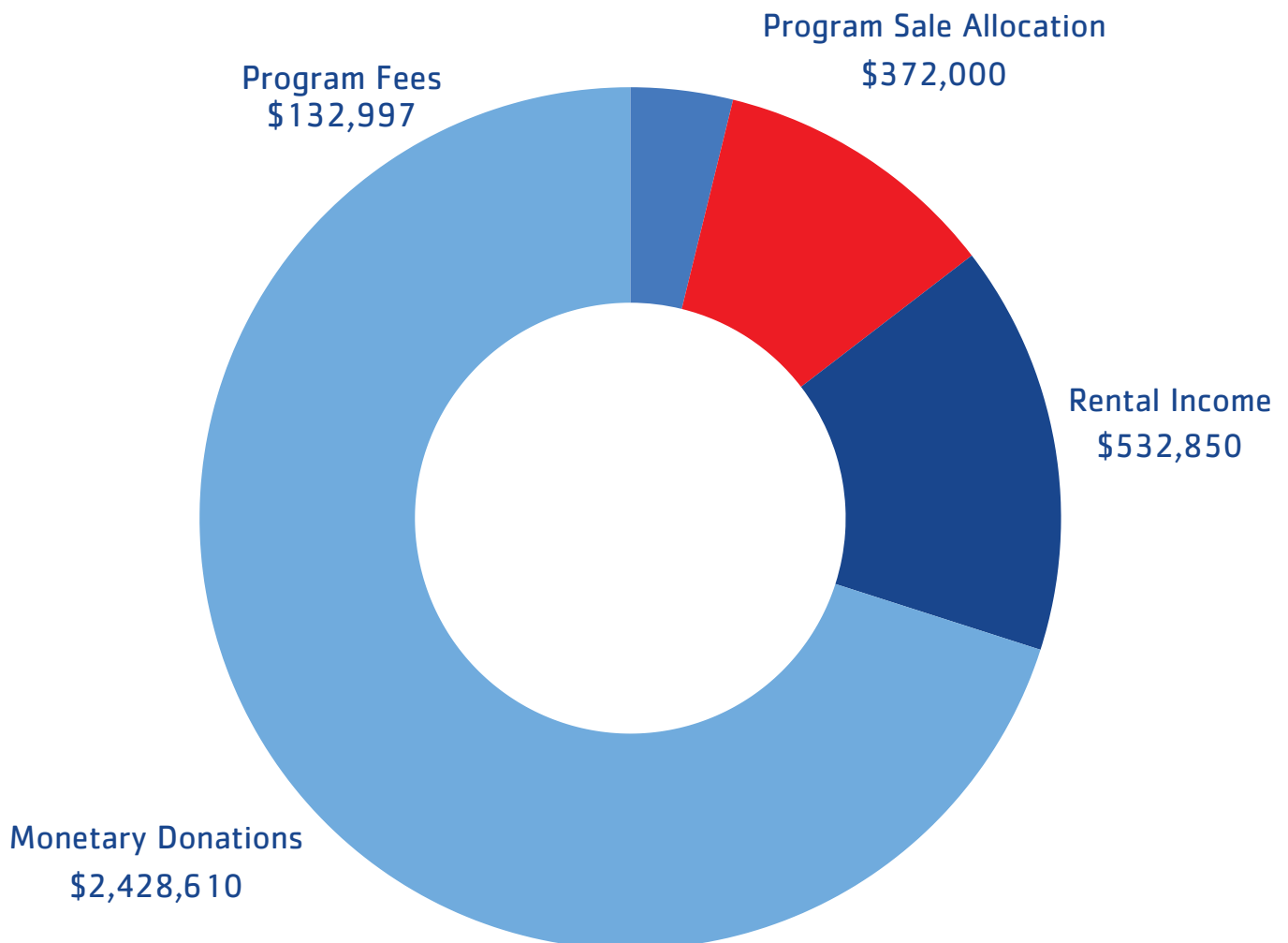
INDIVIDUALS SERVED



38,759

POINTS OF SERVICE

- Program Fees
- Rental Income
- Program Sale Allocation
- Monetary Donations



FAMILY YOUTH ENRICHMENT PROGRAMS

AFTER-SCHOOL ACHIEVEMENT ACADEMY

88

Children participated in 180 days of after-school academic support, peer connection, physical activity, and resiliency-building

OPERATION LITTLE LEARNERS

312

Young children and parents participated in early learning classes that increased school readiness, created supportive social networks, strengthened family bonds, and introduced parents to concepts in child development

CAMP HERO

326

Campers participated in 14 weeks of full-day camp throughout the year

OPERATION HERO

88

Children participated in 40 lessons geared towards building resiliency and learning to practice core military values such as Courage, Respect, and Selfless-Service in their lives



HORSE ^{OF THE} SUN RANCH

WELCOMED 2,660 VISITORS



ACTIVITIES



- Archery
- Leather Crafting
- Physical Education
- Laser Tag
- Arena Play
- Hiking
- STEAM
- Horseback Riding



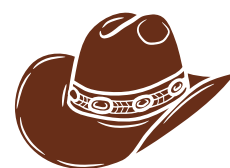
1,249

Active duty, veterans, and first responders participated in Family Ranch Days, and Command and Law Enforcement Day Retreats



61

Children participated in Home/Charter School/Toddler Thursdays



620

Western Horsemanship Riding Lessons Conducted



40

Children attended Youth Equestrian Camp

NAVAL MEDICAL CENTER SAN DIEGO



Our program
has positively
impacted the
lives of 2,739
patients by
providing them
with essential
services



PROGRAMS

- Volunteer Support
- Therapy Dog Visitations
- Woodturning Program
- Children's Waiting Room
- Littlest Warriors Support
- NICU Cuddlers
- Sporting Event Ticket Distribution
- Lyft Program
- Ward Visits
- Activity Carts
- Wounded Warrior Flights



A Special Thank You to
Randall Stilling
with American Airlines
who created a memorable day
for Wounded, Injured, and Ill
service members in November
2023.

The service members had the
opportunity to watch the Los
Angeles Chargers and Detroit
Lions at Sofi Stadium.

Special guests, **LaDainian
Tomlinson** and **Antonio
Gates** made a surprise visit to
welcome service members into
a suite. It was an
unforgettable day!

STRENGTHENING FAMILIES THROUGH COMMUNITY AND SPECIAL EVENTS



GOLF CLASSIC

150 golfers participated in our highly anticipated ASY Golf Classic. This event brought together golf enthusiasts, sponsors, and community members for a day of friendly competition and philanthropy.



BACK TO SCHOOL

560 military children were school-ready with all of the essential school supplies and backpacks. Through our dedicated efforts and the support of our generous donors, these children were equipped with the tools they need to thrive academically.



SPOUSE SYMPOSIUM

112 military spouses participated in our Military Spouse Symposium. Creating a welcoming space for these spouses and offering career, education, and self-care workshops along with childcare for the day, we helped to facilitate connection and increased well-being for our military spouse community.



STRENGTHENING FAMILIES THROUGH COMMUNITY AND SPECIAL EVENTS



Operation Holiday Joy

Operation Holiday Joy served 1,766 military children from 552 military families who “shopped” at no cost for holiday gifts in our “Santa’s Workshop” themed “Toy Store.” Parents also received a mini holiday tree, gift-wrapping services, coffee, and lunch during the event.



Neighborhood Exchange Food Distribution (NEX)

The NEX Food Distribution operated twice per month. Once at our Murphy Canyon location and once at our Bayview Hills military housing location. These distributions provide each family 65+ pounds of fresh produce, meats, and pantry items to approximately 575 military families each month, ensuring that they have access to healthy and nutrient dense



Holiday Turkey Drive

With the support of generous community partners, we held a special Holiday Turkey Drive event in tandem with the NEX Food Distribution. In addition to their regular groceries, this year 600 military families received a turkey and a \$25 grocery dinner gift card to ensure that they could enjoy a full holiday meal during the Thanksgiving holiday.



VOLUNTEER PROGRAM



VOLUNTEER SUPPORT

Volunteers: 630

Total Hours: 7,000

Volunteer Value: \$261,240

VOLUNTEERS OF THE YEAR

Military: LS2 William Reding

Civilian: Kristen Simons

VOLUNTEERS IN ACTION



COMMUNITY COLLABORATION: STRENGTHENING MILITARY FAMILIES TOGETHER



THANK YOU TO OUR MAJOR CORPORATE AND COMMUNITY PARTNERS



THANK YOU TO OUR CORPORATE AND COMMUNITY PARTNERS



3D Environmental Inc.



SAFE HARBOR



GRAND | HYATT
MANCHESTER GRAND HYATT
SAN DIEGO

GENERAL DYNAMICS
NASSCO



Deloitte.



COX



TOWNEPLACE
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PROTEA
PROPERTY MANAGEMENT



the forestry group
TREE CARE SERVICES

Qualcomm



PALOMAR
HEALTH



National Christian
FOUNDATION*



SEMPRA | Employee Giving Network



THANK YOU TO OUR CORPORATE AND COMMUNITY PARTNERS

Additional Corporate and Community Partners

American Legion Auxiliary Unit 282
Charities Aid Foundation America
Charity Matchmakers
Escondido Elks Lodge No. 1678
Fred and Maxine Rumack Family Foundation
Hanson Family Foundation
Heroes Helping Heroes 4 Life
Issa Family Foundation
Jeffrey Olsen

Macy's Inc.
Marriot International
Naval Officer's Spouse Club (NOSC)
Navy Marine Corps Proud Foundation
Purtell Family Charitable Fund
Rolf Benirschke Legacy Foundation
San Diego Yacht Club
Stitching Sisters Quilt Guild
The Wilson Sexton Foundation

Recognizing Our Sustaining Individual Donors

Anonymous
Barbara Savaglio
Bridgette McCown
Daryl Idler Jr.
Debbie Lindner
Denise Stich
Elaine Alvarez
Francis A. Perno
Gail Miller
Gail & Gerry Nifontoff
James & Jen Sturgeon
Jake Engel

Joanne Sumption
Kenneth Bertino
Kathie & Jim Zortman
Lari Sheehan
Mary Adderly
Mary Kennedy
Oswaldo Munoz
Pauline Wong
Phyllis & Larry Barber
Capt. Richard and Dr. Mary Evert
Richard Van Dyke
Russel & Barbara Valenti

MEET THE TEAM

Board of Management

Daryl C. Idler Jr., President
Mary Mills Kennedy, 1st Vice President
Joe Pierzina, 2nd Vice President
Phyllis J. Barber, MCPO, Treasurer
Shirley Yager, Secretary
Luz Cordero-Lazott
Amanda Gregory
Debbie Lindner
Victor Perez
Gregory Tanneberger
Jim Sturgeon
Daniel Turkin
Chad Truby
William Lu
Vincent Young
Lari Sheehan

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ADM. Leon Edney (RET.)
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Nancy Lazarski
Gail Miller
Gail Nifontoff
Leon Parma
Christopher Pierce
Justin Serrano
Denise Stich
Pattie Wellborn
Vincent Young
Kayla Tademy

Board Emeritus

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Elaine Boland
Richard Evert
Judge David M. Gill
David Guebert
Miles Harvey
Len Hering
Mike Madigan
Sam Merrick
John Nyquist
John Rebelo
Lari Sheehan

STAFF

Executive Leadership

Frank Martin, Executive Director

Administration Department

Stan Miller, VP of Finance and Administration
Yavana Worthington, HR & Admin Director
Sara Soto, Operations Manager

Development Department

Meagan McKissick, Sr. Development Director
Liza Talbott, Development Director
Allison Garner, Donor Relations Director
Lorenzo Inzunza, Special & Community Events Director
Jamie Inarda, Community Relations & Volunteer Director
Karime Valle, Development Coordinator

Warrior Care Initiative

Tasha Castro, NMC Program Director
Elaine Wilson Reyes, NMC Admin

Horse of the Sun

Ken Callaway, Ranch Director
Eden Holt, Program Manager
Aubrey Cunningham, Program Coordinator
Larry Stone, Facilities Specialist

Family & Youth Enrichment Department

Haydee Ramirez, Program Director
Nicolle Aguiluz, Program Coordinator
Lizette Cordero, Program Coordinator
Melina Babauta, Program Lead
Kalina Pagelinan, Program Lead
Jada Ohlson, Program Lead

Honor to the Soldier, and Sailor everywhere, who bravely bears his country's cause. Honor also to the citizen who cares for his brother in the field, and serves, as he best can, the same cause -- honor to him, only less than to him, who braves, for the common good, the storms of heaven and the storms of battle.

Abraham Lincoln --December 2, 1863

CONNECT WITH US



ARMED SERVICES YMCA SAN DIEGO

3293 SANTO RD,
SAN DIEGO, CA
92124

PHONE: 858-751-5755

ARMED SERVICES YMCA NAVAL MEDICAL CENTER

34800 BOB WILSON DR,
SAN DIEGO, CA
92134

PHONE: 619-532-8159

ARMED SERVICES YMCA HORSE OF THE SUN

28271 OLD HWY 80,
PINE VALLEY, CA
91962

PHONE: 619-473-8458

2024 SPECIAL EVENTS

ANNUAL ACHIEVEMENT DINNER	JANUARY 26, 2024
GOLF CLASSIC	APRIL 22, 2024
FATHER/DAUGHTER DANCE	JUNE 21, 2024
BACK TO SCHOOL BASH	AUGUST 3, 2024
MILITARY SPOUSE SYMPOSIUM	SEPTEMBER 14, 2024
HORSE OF THE SUN FALL FESTIVAL	OCTOBER 26, 2024
OPERATION HOLIDAY JOY	DECEMBER 11, 2024

NEIGHBORHOOD FOOD DISTRIBUTION

SECOND THURSDAY OF THE MONTH: BAYVIEW MILITARY HOUSING
FOURTH THURSDAY OF THE MONTH: MURPHY CANYON MILITARY HOUSING
*NOVEMBER & DECEMBER SPECIAL HOLIDAY DATES